Environmental Mold is everywhere. It is truly a year-round antigen and is the root cause of many allergic and inflammatory health symptoms. It enters the body and can begin to colonize through two main avenues:

1. The Nose: Mold spores are present in the air and can be inhaled in every breath. The average person breathes in 2,904 gallons/day of air. In a healthy environment with normal levels of mold, your body can maintain a general defense, filtering mold and other pathogens. But, when mold levels are elevated, your body's defense capabilities are overwhelmed. Mold then gains a foothold in the body. The sinuses are a perfect, dark, moist, warm, breeding ground!

2. The Mouth and Digestive System: Fungus and bacteria are naturally-occurring organisms in the digestive tract, but problems arise when exposure, dietary sugar consumption, or a compromised immune system prevent the body from keeping fungal levels in check. Yeast and other pathogens can then take hold causing gastrointestinal issues, infections, and disease.

Toxic load describes the burden your body manages from everyday exposures, like air pollution, airborne pathogens (mold, bacteria, viruses), chemicals, and more. When a mold issue in your home or work becomes your toxic tipping point, your immune system can mount an inflammatory defense that spirals out of control, because the exposure is chronic and unremitting. The chronic inflammation then throws critical body systems out of balance causing compromised immune function, oxidative stress, cognitive issues, and hormonal dysfunction. As a result, health problems are exacerbated (like allergies and asthma) and autoimmune conditions arise. Unfortunately, if the mold exposure continues, so does the inflammation which leads to more symptoms and failing body systems, the causes of which are difficult to diagnose, especially when mold is not recognized as the compromising influence.

The Body Protocol is designed to eliminate mold in your body, to boost your immune system, and to support pituitary and cellular healing. The goal is to end the inflammatory response that is causing all of your health ailments.

If you do a LITTLE of the protocol, you get a LITTLE better. If you do MORE, you get MORE results. When you do ALL of the protocol, you get A LOT better. Move at your own pace. Introduce steps in the protocol systematically and FEEL the difference in your health and energy levels.”

- Dr. Donald Dennis

Product questions? Email us at: customerservice@microbalancehealth.com
www.MicroBalanceHealthProducts.com

DEVELOPED BY ENT & SINUS SPECIALIST - DONALD P. DENNIS, M.D. F.A.C.S.
Environmental Protocol - Education & Treatment

Detecting the source(s) of the mold exposure and remediating or removing yourself from the environment is key to regaining health.

Mold must be properly remediated for success.

Cleaning and mold maintenance supports healing.

The Environmental Protocol is designed to eliminate mold in your environment and on your belongings to allow your body to heal and recover. The goal is to identify the exposure sources, remove or clean them, and then to maintain a mold-free space.

**STAGE 1: TEST FOR MOLD AND REMOVE DETECTED MOLD FROM HOME, CAR & WORK.**

**EC3 Mold Test Plates**
The EC3 Mold Screening Test Kit includes everything you need to test for elevated levels of mold in the indoor air or on belongings. Results in just 5 days!

**Environmental Mold and Mycotoxin Test Kits**
Use these test kits to screen for 15 of the most toxic mycotoxins or 10 of the most toxic molds AND mycotoxins. These kits help identify the toxins in your environment to link with the symptoms you are experiencing.

**EC3 Mold Solution Spray**
EC3 Mold Solution Spray is a natural botanical that treats indoor environments for mold and mycotoxins. Highly effective and ready-to-use, EC3 Mold Solution Spray is safe for all materials, surfaces and fabrics, and contains no harmful chemicals.

**EC3 Sanitizer Foger**
A powerful way to address mold and mycotoxins throughout your home! fogging with EC3 Mold Solution (proven effective by an independent lab) temporarily cleans and desorbrates your breathing air, surfaces, and belongings.

**EC3 Air Purification Candle**
Proven by an independent lab to temporarily reduce mold counts and mycotoxin levels in indoor air, the EC3 candles have no added fragrance and are made with all-natural botanical ingredients.

**EC3 Laundry Additive**
Add EC3 Laundry Additive to every rinse cycle or directly to the wash basin to rinse away mold spores, bacteria, and foul/musty odors from clothes, towels, and your washing machine.

**STAGE 2: PREPARE YOUR BODY FOR POTENTIAL REEXPOSURES.**

**CitriDrops Nasal Spray**
CitriDrops Nasal Spray is a great stand-alone sinus treatment or alternative to nasal rinsing. It can be used when allergy or sinus symptoms arise and/or mold exposure is suspected. It can also be used to extend antifungal and antibacterial protection throughout the day.

**Sinus Defense**
A breakthrough homeopathic formula created to boost immune system intelligence for a broad array of molds, allergens, and viruses. It contains Transfer Factor molecules that work similar to antibodies to teach the immune system to react faster and more efficiently when exposed to environmental pathogens.

For more information about chronic sinusitis and mold-triggered illness: www.sinusitiswellness.com

Important Facts About Chronic Sinusitis & Mold-Triggered Illness:

93% of all chronic sinusitis has a mold component that is unresponsive to traditional antibacterial treatment.

There is no magic pill or surgery to cure chronic sinusitis. Unless you remove the antigen (mold), the sinusitis will reoccur.

Exposure to mold and mold components is well-known to trigger inflammation, allergies and asthma, oxidative stress, immune system dysfunction, and to aggravate or prolong healing to many chronic illnesses.

You CAN test negative for mold allergies and be sick from mold exposure. Mold toxicity from mycotoxins is NOT an allergic reaction. If you suspect mold, ask for an IgG test, instead of the common IgE or skin test.

It is possible to see significant, lasting improvement without prescription medicine or antibiotics! The key is to focus on mold, so that you are treating the cause of your sickness.

16-20% of the population have a genetic trait that causes their immune systems to OVERREACT to mold and its mycotoxins. Many of these people also have an impaired ability to naturally detoxify their bodies of mycotoxins.

“Breathing clean, mold-free air is the most important element to getting better and staying better.”
- Dr. Donald Dennis

For more information about chronic sinusitis and mold-triggered illness:
www.sinusitiswellness.com

Speak with a Micro Balance Health Representative: 1 (888) 404-8958